

CHOSEN | HOLY | CALLED

declaring the goodness of God



PRAYER ROOM

INSTRUCTIONS AND PROMPTS

for building your own
prayer stations and room

“But . . . you are a chosen people. You are royal priests, a holy nation, God’s very own possession. As a result you can show others the goodness of God, for he called you out of the darkness and into his wonderful light.” (1 Peter 2:9, NLT)

Chosen | Holy | Called *declaring the goodness of* *God*

So glad you could participate in the “Chosen/Holy/Called.... Out of the Darkness and into His Light Prayer Room 2019”! I have made you a take-home copy of today’s stations in case you wish to recreate these in YOUR church.

A prayer room is a place to engage with God, we can feel His presence as we learn to grow. Prayer stations are a way of firing up new ideas or ways to pray, we can never learn enough. I believe God enjoys spending this time with us as much as we enjoy spending it with Him. I think of my son who often says, “Can we do something fun as a family?” I believe this happens when we encounter God in our prayer rooms. Come to Him as a child who wants to just crawl up into the Father’s lap and spend some time together.

Let’s keep creating and finding room to pray!

~ Your sister in Christ, Monique Tatsu

(This is my email address if you ever need ideas, encouragement or would like to share your stations with me! moniquetatsu@yahoo.ca)

Room to Pray: Think, Do, Remember

As you continue to create: **THINK**

Reflection

- What worked, what didn't?
- Who attended and did you reach your target participants? I.e. Women, Men, Youth, Seniors, Visitors etc.
- Where people comfortable with location?

1st Timer?

If you have never hosted or planned a prayer room, do some research. There are lots of resources such as:

- the ladies in this room!
- the CBWOQ website <https://baptistwomen.com/> and various online apps like Pinterest etc. I don't claim to get stations all by myself, there are lots of online resources ready to share.
- Share your ideas and thoughts with others in your church. Take the ideas you find and make them your own, to suit your space and participants needs.

As you continue to create: **DO**

Lots of praying, planning and execution.

When the ideas come to host a new prayer room, pray that the theme will reflect the current issues or desires your church may be facing or needed at that time. Discuss the ideas with your group and choose a theme verse or a certain passage. Recite this verse and theme and remember that the Holy Spirit will be your guide. Pray that the words chosen will be your guide to the stations that you create.

Gather your supplies and Go! Have Fun with it, it should be just as rewarding for you as for your participants.

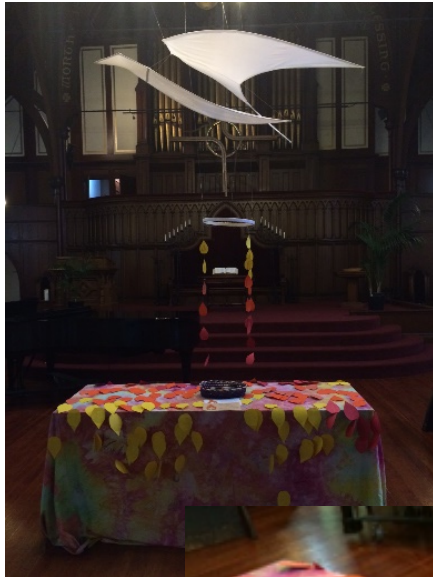
As you continue to create: **REMEMBER**

1. Remember that Prayer Stations may not be for everyone.
 1. Remember to PRAY! Every step, from the first idea of creation to the last person to leave. Pray for those who will be either (or both) the planners and the participants.
 2. Remember to share! We can all benefit from each other's experiences.
- MOST IMPORTANTLY! Remember to Use God's Word It's easy to get caught up in our own ideas and creativity but always remember Who's words we need to use. Show this in your stations that all work is bible-based.

A Holy Nation

Items needed:

- Table with table cloth
- Chair
- Basket with pens/markers
- Prepared red, orange and yellow flames on fishing wire (see picture below)
- Cut out of dove (if can find a dove kite?)
- Hoop tied to dove as shown
- Framed instructions (This one is best used in two frames)



Instructions:

1 Peter 2:9 But you are a chosen people. You are a royal priest, a holy nation, God's very own possession. As a result, you can show others the goodness of God, for He called you out of the darkness into His wonderful light. (NLT)

Peter uses language that had been used to describe God's special relationship with Israel. Just as Israel was, we—believers, the church—are also a chosen race. Unlike Israel, though, we are not a race in the sense of our family, ethnicity, skin color, or country of origin. We are a spiritual race, in the sense that, in Christ, we share a single spiritual Father. In that same meaning, we are a "holy nation," a specific group of people called out and set apart from all other nations. God has formed this nation, this race, this priesthood to take possession of us.

We belong to Him.

The Holy Spirit is often symbolized as a dove or a flame. Whatever the form, the Holy Spirit connects us together as a spiritual, holy nation.

- 1) Choose a strand of flames.
- 2) On the red flame write the name(s) of your church, prayer group, or faith community.
- 3) On the orange flame write the name(s) of your school, work, community group etc.
- 4) On the yellow flame write the name(s) of those in your close circle, whether family, friends, mentors etc.
- 5) Hang the strand of flames on the dove mobile. Pray as you experience the Holy Spirit moving through the flames here, let these names remind us that we are connected and linked together as God's Holy Nation.

A HOLY NATION

Instructions:

1 Peter 2:9 But you are a chosen people. You are a royal priest, a holy nation, God's very own possession. As a result, you can show others the goodness of God, for He called you out of the darkness into His wonderful light. (NLT)

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The Holy Spirit is often symbolized as a dove or a flame. Whatever the form, the Holy Spirit connects us together as a spiritual, holy nation.

- 1) Cut a strand of fishing wire about 1 metre long.
- 2) On the red flame write the name(s) of your church, prayer group, or faith community.
- 3) On the orange flame write the name(s) of your school, work, community group etc.
- 4) On the yellow flame write the name(s) of those in your close circle, whether family, friends, mentors etc.
- 5) Tape your flames to the strand like the example shown and tie or tape the strand of flames on the dove mobile. Pray as you experience the Holy Spirit moving through the flames here, let these names remind us that we are connected and linked together as God's Holy Nation.

You are Chosen



"I have written your names on the palms of My hands." Isaiah 49:16

Items needed:

- Picture above blown up to poster size
- Marker/sharpies in cup on small pedestal table
- Framed instructions or can hang on wall beside poster

Instructions:

You Are Chosen

1. Write your name on this picture of hands.
 2. Pray in reflection to the Christian belief that God has YOUR name written on His hands.
- You are wanted by God, **chosen and called by name.**

You Are Chosen

1. Write your name on this picture of hands.
2. Pray in reflection to the Christian belief that God has YOUR name written on His hands.

**You are wanted by God,
chosen and called by name.**

Called- This Little Light of Mine

You are chosen with a purpose. You are brought out of the darkness of sin and given the wonderful light of salvation so you can help others. You see, you are blessed to be a blessing and given light to shine to others. Most of all, you are called to point others to the one, true, never-interrupted light — Almighty God!

Items needed:

- Medium table with two chairs
- Cut out paper candles
- Pencil crayons, crayons or markers
- Tape
- Backboard to attach the candles to with heading “This Little Light of Mine” (deco idea for board is to attach music sheet with “This little light of mine” on it or a picture of the world.) Have candles going around it.
- Framed instructions

Instructions:

This Little Light of Mine

As God's Holy Spirit lives in you, He gives you the power to bring God's love and light to our world. As you live for Jesus, other people see your light and understand better just what God wants for them, too.

Read the following verses:

“For God, who said, ‘Let light shine out of darkness’, made His Light shine in our hearts to give us the light of the knowledge of the glory of God in the face of Christ.” 2 Corinthians 4:6

“God is Light; in Him there is no darkness.” 1 John 1:5

“Let your light shine before men, that they may see your good deeds and praise your Father in Heaven.” Matthew 5:16

Take a paper candle, write your name on it and colour in the flame. Praying as you colour that the Lord will sustain you through prayer and dedication to keeping your candle lit for all to see.

Tape it the board for all to see.

Watch as we continue to grow the number of lights.

Imagine how this would work out in the real world.

You are just one LIGHT for others to see.

“You see, you have a lot of power, if you keep your light strong.”

“But when many lights come together, truly great things can happen.”

This Little Light of Mine

Instructions:

As God's Holy Spirit lives in you, He gives you the power to bring God's love and light to our world. As you live for Jesus, other people see your light and understand better just what God wants for them, too.

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God's Light will Shine Through

"The light shines in the darkness, and the darkness has not overcome it." John 1: 5

"As a result, you can show others the goodness of God, for He called you out of the darkness into His wonderful light." 1 Peter 2:9

Item's needed:

- Medium table with table cloth
- Chair
- Various hurricane lanterns
- Clear vinyl pieces with peel able backing (Staples?)
- Sharpies
- Framed instructions

Instructions:

"The light shines in the darkness, and the darkness has not overcome it." John 1: 5

In the verse above, Christ is described as the light that will not be overcome by darkness. Therefore whatever darkness we face, Christ's light will shine through.

Where in your life do you need Christ's to shine?

What darkness do you want to name in order to receive clarity and strength?

Write those prayers on a vinyl piece. Peel the backing off and place on the lantern surrounding the candle.

May Christ's light shine through your prayers and give you peace.

(see below for printed instructions)

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In the verse above, Christ is described as the light that will not be overcome by darkness. Therefore, whatever darkness we face, Christ's light will shine through.

Instructions:

1. Pray through the following questions:

Where in your life do you need Christ's to shine?
What darkness do you want to name in order to receive clarity and strength?

2. Write those prayers on a vinyl piece.

3. Peel the backing off and place on the lantern surrounding the candle.

May Christ's light shine through your prayers and give you peace.

Gospel Shoes – You are called

Items needed:

- A collection of shoes, including slippers, flip-flops, trainers, party shoes and walking boots
- A medium table with table cloth
- Chair
- Framed instructions
- Address-label stickers and pens

Instructions:

You are called to declare His Goodness, so how ready are you to tell others the good news of Jesus?

comfortable slippers - do you need to go out of your comfort zone?

fast trainers - do you need to slow down to allow time to share your faith?

flip-flops - is your faith robust enough for the long haul?

Rain boots or workboots - are you ready to get your feet dirty?

1. Look at the shoes on the table and think about what 'gospel shoes' are you wearing.
2. Look at the shoes you are wearing today and "lay them before God".
3. As you pray, ask Him to fit you with the shoes that will make you ready to share your faith in all kinds of circumstances.
4. Write the following verse on a sticker, and stick it inside your shoe, to remind you of your calling to share the good news.

***"Your desire to tell the good news about peace
should be like shoes on your feet." Eph 6:15***

Gospel Shoes

Instructions:

You are called to declare His Goodness, so how ready are you to tell others the good news of Jesus?

comfortable slippers - do you need to go out of your comfort zone?

fast trainers - do you need to slow down to allow time to share your faith?

flip-flops - is your faith robust enough for the long haul?

Rain boots or workboots - are you ready to get dirty and work hard?

1. Look at the shoes around the table and think about what 'gospel shoes' are you wearing in your life.
2. Look at the shoes you are wearing today and "lay them before God".
3. As you pray, ask Him to fit you with the shoes that will make you ready to share your faith in all kinds of circumstances.
4. Write the following verse on a sticker, and stick it inside your shoe, to remind you of your calling to share the good news.

*"Your desire to tell the good news about peace
should be like shoes on your feet." Eph 6:15*

Loved- Out of the darkness and into HIS light

Supplies needed:

- build a large free-standing cross (ours was made out of 4x4s)
- Paint the cross black, use red paint pens to write the bad list on one side of the cross (fill the cross with words even if you need to repeat a few) Use white paint pens to write the good list on the other side of the cross (fill the cross with words even if you need to repeat a few)
- Small table with framed instructions or can hang instructions on the wall

(Set the cross somewhere that worshipers have access to both sides)

- Undesired List: Unloved, Unlovable, Unworthy, Ugly, Worthless, Useless, Forgettable, No good, Used, Overlooked, Ignored, Hated, Outcast, Stupid, Guilty, Forgotten, Alone
- Desires of the Heart List: Loved, Chosen, Worthy, Beautiful, Valuable, Useful, Important, Holy, Noticed, Loved, Liked, Invited, Picked, Forgiven, Remembered, Family, Child of God, Saint, Changed, Reborn, Renewed, Restored, Loved, Loved, Loved, Respected, Welcome, Transformed

Instructions:

This is how God showed His love among us: He sent His one and only Son into the world that we might live through Him. This is love: not that we loved God, but that He loved us and sent His Son as an atoning sacrifice for our sins. 1 John 4:9-10 (NIV)

It is the cross where God proved His love for us. But many times it is hard for us to feel very loved. The words of our own mind and the words of others are more real to us than the words of God.

Look at the front side of the cross (the side with the red words). Read the words that are written there. As you come to a word that you feel is true about your life, or that others have called you or have made you feel, then place your hand on that word.

The beauty of the cross is that none of those words are true about you. God loves you and proved that love in the cross. This means that you are important to God.

Move to the other side of the cross and read the words there that are true about you. Place your hand on any that are hard to believe and ask God to speak the truth of those words to your soul. Listen... He is calling you out of the darkness and into His light.

Loved- Out of the darkness and into HIS light

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This means that you are important to God.

- 2) Move to the other side of the cross and read the words there that are true about you. Place your hand on any that are hard to believe and ask God to speak the truth of those words to your soul.
- 3) Listen...Listen... He is calling you out of the darkness and into His light.

Out of the Darkness and into the Light

Items Needed:

- big screen or hanging sheet that is black
- a large cross behind it lit up by the light
- a light on stand behind the cross with switch that is on a cord so it can be attached to side of the sheet/screen, should cast a lighted cross on the black
(If no room for big screen room, can set up smaller version on table)

Instructions:

*1 Peter 2:9 But you are a chosen people. You are a royal priest, a holy nation, God's very own possession. As a result, you can show others the goodness of God, **for He called you out of the darkness into His wonderful light.** (NLT)*

- 1) Take a moment to stare at the blackness of the sheet/screen.
Think about what darkness God has brought you out of in your life.
- 2) Turn the switch on that is hanging on the right (or left) of the blackness.
- 3) See that He has called you out of the darkness into His light.
- 4) Praise Him in prayer that He has called you and you no longer have to be in darkness. Thank Him that you can show others the goodness of God.

(When you are finished, please turn back off the light for the next person)

Out of the Darkness and into the Light

Instructions:

*1 Peter 2:9 But you are a chosen people. You are a royal priest, a holy nation, God's very own possession. As a result, you can show others the goodness of God, for **He called you out of the darkness into His wonderful light.** (NLT)*

- 1) Take a moment to stare at the blackness of the sheet/screen. Think about what darkness God has brought you out of in your life.
 - 2) Push the red button on the cord that is at the side of the blackness.
 - 3) See that He has called you out of the darkness into **His** light.
 - 4) Praise Him in prayer that He has called you and you no longer have to be in darkness. Thank Him that you can show others the goodness of God.
- (When you are finished, please turn off the light for the next person)**

Remember Why You Are Where You Are!

Declare the praises of him who called you out of darkness into his wonderful light. 1 Peter 2:9 —

Items Needed:

- *Medium Table with table cloth*
- *Chair*
- *Maps, globe etc.*
- *Pins with colour heads or push pins*
- *Framed instructions*
- *Optional deco – backdrop board with words below to guide meditation ideas*

Instructions:

It's easy to forget why we are the people we are and why we are here.
Regularly we need to ask ourselves some questions like these:

What is the purpose of my life?

Why has God placed me where I am?

Why has God placed me in this job, in this school or in this community?

Why am I living where I am?

Why is our church located in this city or in that suburb or in a rural area?

The key reason why God calls us out of the shadows into his wonderful light is that "we may declare His praises."

God did not call us to be his children so that we could take up space. He did not call us to a life of leisure. God called us for HIS glory. Wherever you find yourself today, ask God to show you how to declare His praises.

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Meditation and Prayer

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Remember Why You Are Where You Are!

Declare the praises of Him who called you out of darkness into His wonderful light.

~ 1 Peter 2:9

Instructions:

1. Take a pin for the maps (or an arrow sticker for the map book) and mark where you live on one of the maps.
2. Take time to pray over where God has placed you.
3. You are here for the very purpose to declare His praises. Read and meditate on the following prayer.

Prayer

Lord, help me to declare your praises wherever you have placed me. Reveal to me to see your purpose for my life, and make me faithful in my calling. For Jesus' sake, Amen

Spiritual Gifts

"God does not choose the gifted. God gifts those God calls and chooses.

The challenge is to respond to this call."

Items Needed:

- Wrapped gifts on table as a symbol – object lesson
- Small table with table cloth and chair beside
- Printed prayer
- Framed instructions
- Back ground board with Information below about Spiritual Gifts

Instructions:

"God does not choose the gifted. God gifts those God calls and chooses.

The challenge is to respond to this call."

"You did not choose me; I chose you and appointed you to go and bear much fruit, the kind of fruit that endures. And so the Father will give you whatever you ask him in my name."

John 15.16

1. Take a few moments to pray and meditate on what your God given gifts are.
2. Use the prayer provided to guide you, or pray on your own.
3. Listen for God's words to speak to your heart.
4. Think about how you can use these gifts to touch others.

**Dear Heavenly Father, open my heart and mind
to experience Your unconditional love.**

**Reveal to me and empower me with the gifts of your Spirit so that I may
respond to Your call in joyful service.**

**Inspire and bless me
so that the fruits of Your Spirit may be evidenced
in all that I say and do. Amen.**

Take away:

You ... I ... we all have been gifted by God.

Matthew's gospel 25:14-29 tells us: "He gave to each one according to his ability... For to every person who has something, even more will be given, and he will have more than enough; but the person who has nothing, even the little that he has will be taken away from him."

We can learn much from this FABLE:

A group of animals decided to improve their general welfare by starting a school. The curriculum included swimming, running, climbing and flying. The duck, an excellent swimmer, was deficient in other areas, so he majored in climbing, running and flying, much to the detriment of his swimming. The rabbit, a superior runner, was forced to spend so much of his time in other classes that he soon lost much of his famed speed. The squirrel, who had been rated "A" as a climber dropped to a "C" because his instructors spent hours trying to teach him to swim and fly. And the eagle was disciplined for soaring to the treetop when he had been told to learn how to climb, even though flying was most natural to him. What is your gift?

Take away:

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Spiritual Gifts

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your God given gifts are.

Use the prayer provided to guide you, or pray on your
own.

Listen for God’s words to speak to your heart.

Think about how you can use these gifts to touch
others.

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**Reveal to me and empower me with the gifts of your
Spirit so that I may respond to Your call in joyful service.**

**Inspire and bless me
so that the fruits of Your Spirit may be evidenced
in all that I say and do. In Your Name, Amen**

TRUE NORTH

You know you are called but do you know where you are headed?

Items Needed:

- Table with table cloth and chairs
- compass(es) and magnet(s)
- labels on magnets with “distractions” on them ie: clothes, cell phone, job, social media etc
- Medium sheets with compass printed on it, space for “True North” at the top
- Pens
- Signs or backdrop board with bible verse on it (Prov 4:10), decorative visuals such as arrows, maps, GPS etc
- Framed instructions

Instructions:

"Dear friend, take my advice; it will add years to your life. I'm writing out clear directions to Wisdom Way, I'm drawing a map to Righteous Road. I don't want you ending up in blind alleys, or wasting time making wrong turns." Prov 4:10 MSG

You know you are called but do you know where you are headed? You may not know a location, but what is God setting as your 'true North' - the direction that He has planned for your life?

Take a sheet and write YOUR 'true North' at the top. If you are not sure, pray, listen to God in this peaceful space for words of direction.

Place the compass on your sheet where indicated. Think about what distracts you from where you are supposed to be going.

Play with the magnets around the compass - watch how an attractive object can pull you off course.

What are the 'magnets' around you? Write those down around your compass, and ask God to give you strength to resist temptation and distraction.

TRUE NORTH

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You've heard in this conference that you are called; but do you know where you are headed?

What is God setting as **your** 'True North'?

What is the direction that HE has planned for your life?

1. Take a sheet and write YOUR 'True North' at the top. If you are not sure, pray, listen to God in this peaceful space for words of direction.
2. Place the compass on your sheet where indicated. Think about what distracts you from where you are supposed to be going.
3. Play with the magnets around the compass - watch how an attractive object can pull you off course.
4. What are the 'magnets' around you? Write those down around your compass, and ask God to give you strength to resist temptation and distraction.